REGISTRATION BROCHURE

RURAL AND REMOTE RETRIEVAL CONFERENCE
Thursday 18 May – Sunday 21 May 2017
Karijini Eco Retreat | Karijini National Park

Approved Category 1 ALM and 2 day Emergency Grant
$4,000
Rural and Remote Retrieval Conference

About the conference

Emergency care in an extremely remote context has specific challenges and solutions. There are limitations in equipment, personnel and resources, with emergencies occurring in difficult surroundings.

This conference provides participants with the opportunity to learn about the management of medical emergencies in a remote setting. In a supportive environment that encourages relevant, practical and self-directed approach to learning, participants will be required to address issues that they may be faced with by providing simulated clinical emergencies.

The conference will include five scenario stations located around the national park. Many of the skills and knowledge learned during this conference will be applicable to dealing with particular emergencies that occur in an isolated general practice setting. It will also allow the development of practical skills and professional abilities such as teaching, teamwork, leadership and dealing with stress and uncertainty.

Each evening, a dinner has been scheduled to give participants the opportunity to network with colleagues in a unique setting.

Who should attend?

Multidisciplinary health professionals with clinical roles or strong interest in emergency or acute health care are invited to attend the conference, including:

- Medical practitioners including general practitioners and doctors working in hospitals, rural clinics and Aboriginal Medical Services
- Nurse practitioners
- Emergency department and critical care nurses

The conference will be facilitated by a team of experienced emergency physicians and general practitioners who have worked in rural and remote regions.

“Fantastic learning experience! Brilliant teaching and great opportunities for clarification and additional learning.”

2016 Rural and Remote Retrieval Conference participant

Limited to 30 participants
Educational aspects

Learning activities

A briefing and introduction scenario will be carried out on Thursday evening. Participants will be divided between various activities involving simulated emergency scenarios on Friday, Saturday and Sunday. Groups will alternate between these activities, prior to joining together again for a final debriefing and feedback session.

Learning objectives

By the end of this conference, participants should:
• be able to assess and prioritise patients and injuries according to medical urgency using a structured approach;
• be able to manage emergency problems in a wilderness environment and generalise this to patients in other clinical situations;
• understand the specific problems and limitations of practising medicine in a wilderness setting including transportation and evacuation needs;
• understand working in a team and the importance of effective communication and leadership to optimise outcomes and reduce medical error;
• be able to deal with stress and uncertainty that occurs in unfamiliar environments; and
• appreciate the impact medical co-morbidities may have in a wilderness environment.

For each scenario, specific management of the clinical condition should be addressed as well as all of these generic points:
• scene safety, control, leadership and teamwork;
• recognising initial need for resuscitation and managing immediate life threats;
• appropriate supportive and specific therapy;
• care of basic needs of patient and group; and
• extrication, stabilisation and transport planning.

Evaluation

Conference work and pre and post assessments are required to be completed to gain continuing professional development points. Evaluation forms will be requested during the debriefing and feedback session. This is to ensure ongoing conference improvement for future participants.

Program schedule

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<tr>
<th>Thursday 18 May 2017</th>
<th>Saturday 20 May 2017</th>
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<tbody>
<tr>
<td>3.00pm Transfer departs Paraburdoo Airport for Karijini Eco Retreat</td>
<td>7.00am Breakfast</td>
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<tr>
<td>Delegates can check-in to the Resort from 2.00pm. Arrive no later than 5.00pm.</td>
<td>8.00am Scenario stations</td>
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<tr>
<td>5.30pm Conference registration</td>
<td>12.00pm Lunch and free time</td>
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<tr>
<td>6.00pm Introduction and welcome dinner</td>
<td>12.00pm Afternoon of adventure departs</td>
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<tr>
<td>Friday 19 May 2017</td>
<td>5.00pm Day two concludes</td>
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<tr>
<td>7.00am Breakfast</td>
<td>7.00pm Dinner</td>
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<tr>
<td>8.00am Scenario stations</td>
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<tr>
<td>1.00pm Lunch</td>
<td></td>
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<tr>
<td>1.30pm Scenario stations</td>
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<tr>
<td>5.00pm Day one concludes</td>
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<tr>
<td>7.00pm Dinner</td>
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<table>
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<tr>
<th>Sunday 21 May 2017</th>
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<tbody>
<tr>
<td>7.00am Breakfast</td>
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<tr>
<td>8.00am Scenario stations</td>
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<tr>
<td>12.00pm Debriefing and feedback session</td>
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<tr>
<td>1.00pm Farewell lunch</td>
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<tr>
<td>2.00pm Transfer departs Karijini Eco Retreat for Paraburdoo Airport</td>
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The Rural Health West Rural and Remote Retrieval Conference 2017 is made possible by funding from the WA Country Health Service and the Australian Government Department of Health.
Conference costs includes:

- Registration fee (including CPD program – facilitation and upskilling)
- Accommodation (see options below)
- All meals – three full buffet breakfasts, three lunches and three two-course dinners
- All refreshments and snacks
- On-site transport and airport transfers (if required)
- Conference materials

**Option 1** SINGLE $1,600 pp

Includes three nights accommodation (with private ensuite) in a deluxe eco tent and all meals. If your spouse and family wish to accompany you, additional charges will apply for catering and transport.

**Option 2** TWIN SHARE $1,350 pp

*Twin share eco tent with another delegate of the same gender*

Includes three nights twin share accommodation (with private ensuite) with another conference delegate in a deluxe eco tent and all meals.

**Option 3** TRIPLE SHARE $1,200 pp

*Triple share eco tent with two other delegates of the same gender*

Includes three nights triple share accommodation (with private ensuite) with two other conference delegates in a deluxe eco tent and all meals.

**Option 4** BYO CAMPING $950 pp

*Bring your own tent/camping equipment*

Includes three nights camping within the Savannah Campground (located at the Eco Retreat) at an unpowered campsite. Delegates will be required to bring their own camping equipment/swags. Shared bathroom amenities include flushing toilets and hot showers. Includes all meals. If your spouse and family wish to camp with you, additional costs for campsite fees and catering will incur.

**Afternoon of adventure** $250 pp

*Go over the edge with an afternoon of adventure*

For those delegates who wish to traverse, paddle, slide, abseil, swim, jump and climb their way through Karijini National Park. Limited to ten participants. Fee includes all equipment necessary to undertake this memorable journey. A high level of fitness is required.

**Grant**

This Active Learning Module (ALM) is eligible for a two-day emergency grant valued at $4,000.

For further details about the emergency grant, contact the RACGP on 1800 636 764 or ACRRM on 1800 223 226.

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**Medical equipment**

A basic wilderness medicine kit will be provided for use during the scenarios including first aid equipment and commonly available drugs. Some protective equipment will also be available to assist in the running of the scenarios.

**Personal information**

Due to the reality that can sometimes occur during scenarios, together with the potential risks for injury inherent in such a conference, personal medical information including past medical history, medications and allergies is required prior to conference commencement and will be kept in strictest confidentiality by the lead trainer.

This information may also be needed in order to allocate scenarios and to ensure any special equipment or medications are taken into consideration.

Some of these walks are classified Grade 5, any participant with doubts about their abilities to endure a three hour walk with moderate hill climbs should notify the events team.

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**Rural Health West Events team**

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